



Riches de nos aînés  
MRC Matawinie

## Survey Free conferences in 2018

Dear Sir or Madam,

As part of the MADA Action Plan (Municipalité Amie des Aînés/ Age-Friendly Municipality), the Municipality of Rawdon is requesting your help in finding what type free conferences would be interest to you in 2018.

Place in order of priority from 1 to 7, 1 representing the topic you would like the most:

Releasing loss and bereavement, for healthier ageing

Defending inheritance rights

The importance of recognizing respiratory arrest and the signs of a stroke

Nutrition and ageing

Introduction to arthritis

Senior abuse

Recognizing Alzheimer's disease

Your availability:

	Morning	Afternoon	Evening
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			

Thank you!